



# STANFORD MEDIA RELATIONS

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NCAA Qualifiers	Times/Marks
Lillian Bush, heptathlon	5,519 points
Ian Dobson, 10,000 meters	28:39.55
Louis Luchini, 10,000 meters	28:41.13
Adam Tenforde, 10,000 meters	28:43.18

NCAA West Regional Qualifiers	Times/Marks
Chauntae Bayne, 100 meters	10.74wa
Undine Becker, 100 meter hurdles	14.00
Undine Becker, 400 meter hurdles	60.31
Sara Bei, 800 meters	2:10.21
Sara Bei, 1,500 meters	4:20.85
Sara Bei, 5,000 meters	16:03.08
Leila Ben-Youssef, pole vault	12-11 3/4 (3.96m)
Lillian Bush, heptathlon	5,519 points
Lillian Bush, 100m hurdles	13.83
Jill Camarena, discus	170-6 (51.96m)
Jill Camarena, shot put	55-7 (16.94m)
Donielle Colich, discus	183-1 (55.80m)
Alicia Craig, 5,000 meters	15:25.75
Gerren Crochet, 110m hurdles	52.63
Kitty Currier, discus	161-9 (49.30m)
Neil Davis, 5,000 meters	14:12.32
Ian Dobson, 3,000m steeplechase	8:59.36
Ian Dobson, 5,000 meters	14:12.78
Ian Dobson, 10,000 meters	28:39.55
Kathleen Donoghue, pole vault	12-11 3/4 (3.96m)
Malindi Elmore, 800 meters	2:08.66
Malindi Elmore, 1,500 meters	4:17.15
Chris Emme, 5,000 meters	14:14.55
Lauren Fleshman, 800 meters	2:09.45
Lauren Fleshman, 5,000 meters	15:23.94
Evan Fox, 800 meters	1:50.94
Evan Fox, 1,500 meters	3:44.34
Dan Gibson, 1,500 meters	3:45.72
Jason Goff, javelin	201-6 (61.41m)
Jeane Goff, 1,500 meters	4:26.31
Jeane Goff, 3,000m steeplechase	10:23.03
Jeane Goff, 5,000 meters	16:55.28
Jacob Gomez, 1,500 meters	3:49.76
Ryan Hall, 1,500 meters	3:43.37
Isaac Hawkins, 5,000 meters	14:22.88
Seth Hejny, 1,500 meters	3:49.03
Seth Hejny, 5,000 meters	14:06.51
Andrew Hill, 5,000 meters	14:15.16
Sarah Hopping, hammer	184-1 (56.12m)
Katie Hotchkiss, 1,500 meters	4:23.34
Lauren Hyatt, 800 meters	2:09.49
Omer Inan, discus	194-0 (59.13m)
Lindsey Johnson, 100m hurdles	13.48
Lindsey Johnson, 400m hurdles	58.84
Nashonme Johnson, 100 meters	11.80
Nashonme Johnson, 400 meters	54.61
Sean Knapp, 3,000m steeplechase	9:04.10
Jennifer Lee, javelin	142-4 (43.39m)

For Immediate Release: Tuesday, May 13, 2003

## The Stanford Track & Field Report Stanford Men's Team Seeks Third Straight Pacific-10 Title; Cardinal Women in Contention for Top League Honors

### Cardinal Catalogue

The Stanford men's and women's track & field teams will be among the strong favorites at the 2003 Pacific-10 Championships (May 17-18) at USC's Cromwell Field at Katherine B. Loker Stadium ... The Pac-10 Championships kickoff on Saturday at 10:00 a.m. with the women's hammer ... The first running event is 1:00 p.m. with the women's trials in the 400 meter relay ... On Sunday, the field events start at 9:00 a.m. with the men's hammer, while the first running event is slated for 1:00 p.m. with the finals in the women's 400 meter relay ... Both the men's and women's hammer competition will take place at West L.A. College in Los Angeles ... All events for the Pac-10 meet, including the final point totals of the Decathlon/Heptathlon Championships held last weekend, will be scored 10-8-6-5-4-3-2-1 ... Stanford has already scored eight points in women's competition thanks to a second place finish by **Lillian Bush** in the heptathlon ... **Bush** recorded a career-best 5,519 points last weekend ... That point total is second-best in school history ... The Cardinal men picked up three points with a sixth place finish by **Timi Wusu** in the decathlon ... **Wusu** tallied a career-best 7,016 points ... USC will provide live stats and a daily recap ... Go to [www.usctrojans.com](http://www.usctrojans.com) for complete results.

### Pac-10 Potpourri

The Stanford men's track & field team is the two-time defending league champion ... Last year at Washington State, the Cardinal tallied 151 points ... Oregon finished second with 125 points ... Two years ago, Stanford won its first Pac-10 title with 142 points at California ... The Cardinal edged runnerup USC by six points ... Stanford has scored at least 100 points in the last four Pac-10 Conference Championships, and during that span has won two league titles (2001, 2002), second place (2000) and third (1999) ... The Stanford women finished second last year, its best finish since the Pac-10 began sponsoring women's track & field in 1987 ... The Cardinal tallied 136 points, the second straight year that the team had scored at least 100 points ... Three Cardinal women on this year's roster won Pac-10 titles; **Lauren Fleshman** in the 5,000 meters, **Erin Sullivan** in the 10,000 meters and **Jill Camarena** in the shot put ... One Cardinal male athlete returns to defend his Pac-10 title; **Milton Little** in the long jump.

### Pac-10 Points

Stanford has the top three times in the 1,500 meters with **Grant Robison (3:43.07)**, **Ryan Hall (3:43.37)** and **Evan Fox (3:44.34)** ... **Louis Luchini** and **Robison** are 1-2 in the conference in the 5,000 meters at 13:31.80 and 13:41.82, respectively ... The Cardinal ranks 1-2-3 in the 10,000 meters with **Ian Dobson (28:39.55)**, **Luchini (28:41.13)** and **Adam Tenforde (28:43.18)** ... **Omer Inan** has thrown the discus 194-0 (59.13m), #2 in the Pac-10 ... **Milton Little**, the 2002 Pac-10 long jump champion, is #2 in the conference at 25-11 (7.90m) ... **Nick Welihozkiy** is #2 in the hammer (218-4, 66.56m) ... **Dobson** ranks third in the 3,000 meter steeplechase (8:59.36) ... On the women's side, **Malindi Elmore** has the Pac-10's best time (4:17.15) in the 1,500 meters ... **Lauren Fleshman** and **Alicia Craig** are 1-2 in the 5,000 meters at 15:23.94 and 15:25.75, respectively ... **Jill Camarena**

NCAA West Regional Qualifiers	Times/Marks
Milton Little, long jump	25-11 (7.90m)
Milton Little, triple jump	49-6 1/4wa(15.09m)
Steve Loughlin, 1,500 meters	3:45.03
Steve Loughlin, 5,000 meters	14:08.13
Louis Luchini, 1,500 meters	3:45.39
Louis Luchini, 5,000 meters	13:31.80
Louis Luchini, 10,000 meters	28:41.13
Erin Merriman, javelin	150-6 (45.88m)
Christine Moschella, 400 meters	54.36
Molly Meyer, discus	167-2 (50.96m)
Chinny Offor, 400 meters	54.68
Ashley Purnell, 200 meters	23.88
Jessica Pluth, hammer	189-6 (57.76m)
Grant Robison, 1,500 meters	3:43.07
Grant Robison, 5,000 meters	13:41.82
Justin Romaniuk, 800 meters	1:50.79
Justin Romaniuk, 1,500 meters	3:45.60
Nick Sebes, 400 meters	46.99
Samantha Shepard, pole vault	13-0 3/4 (3.98m)
Robert Smitson, 5,000 meters	14:15.26
Kim Stone, high jump	5-11 1/2 (1.82m)
Adam Tenforde, 5,000 meters	14:06.27
Adam Tenforde, 10,000 meters	28:43.18
Solomon Welch, triple jump	49-7 1/4 (15.12m)
Neil Welihozkiy, hammer	218-4 (66.56m)
Justin Williams, 100m hurdles	14.10
Men's 400 meter relay	40.15
Women's 400 meter relay	45.22
Men's 1,600 meter relay	3:07.77
Women's 1,600 meter relay	3:34.82

Pac-10 Qualifiers	Times/Marks
Jakki Bailey, 200 meters	24.13
Chauntae Bayne, 100 meters	11.74wa
Chauntae Bayne, 200 meters	24.24
Undine Becker, 100m hurdles	14.00
Undine Becker, 400m hurdles	60.31
Undine Becker, long jump	19-4 (5.89m)
Sara Bei, 800 meters	2:10.21
Sara Bei, 1,500 meters	4:20.85
Sara Bei, 5,000 meters	16:03.08
Leila Ben-Youssef, pole vault	12-11 3/4 (3.96m)
Lillian Bush, heptathlon	5,519 points
Lillian Bush, 100m hurdles	13.83
Lillian Bush, high jump	5-6 (1.68m)
Lillian Bush, long jump	19-6 1/4 (5.95m)
Jill Camarena, discus	170-6 (51.96m)
Jill Camarena, shot put	55-7 (16.94m)
Kristin Cohoon, 5,000 meters	17:08.07
Donielle Colich, hammer	181-1 (55.80m)
Alicia Craig, 5,000 meters	15:25.75
Gerren Crochet, 400m hurdles	52.63
Kitty Currier, discus	161-9 (49.30m)
Neil Davis, 5,000 meters	14:12.32
Ian Dobson, 3,000m steeplechase	8:59.36
Ian Dobson, 5,000 meters	14.12.78
Ian Dobson, 10,000 meters	28:39.55
Kathleen Donoghue, pole vault	12-11 3/4 (3.96m)
Malindi Elmore, 800 meters	2:08.66
Malindi Elmore, 1,500 meters	4:17.15
Chris Emme, 5,000 meters	14:14.55

is first in the conference in the shot put (55-10 1/2, 17.03m) ... **Jeane Goff** is #2 in the 3,000 meter steeplechase (10:23.02) ... **Lindsey Johnson** is second in the Pac-10 in the 400 meter hurdles (58.84) ... **Kim Stone** is third in the conference in the high jump (5-11 1/2, 1.84m).

#### National Notes

Four Stanford athletes have already qualified for the NCAA Track & Field Championships (June 11-14) at Sacramento ... **Lillian Bush** qualified in the heptathlon with 5,519 points at the recent Pac-10 Heptathlon Championships ... **Bush'** point total is a career-best and second-best in school history ... **Ian Dobson** ran a 28:39.55 in the 10,000 meters, while **Louis Luchini** ran 28:41.13 and **Adam Tenforde** ran 28:43.18 to all qualify in the 10,000 meters.

#### Distance Data

Stanford's men's and women's distance running crew continues to be a dominant factor ... **Louis Luchini's** time of 13:31.80 in the 5,000 meters is a career-best and third-best in school record book ... **Luchini's** 10,000 meter time of 28:41.13 is eighth-best in the school record book ... **Ian Dobson** has run a team-best 28:39.55 in the 10,000 meters, sixth-best in school history ... **Lauren Fleshman** and **Alicia Craig** have run the second and third best times in school history at 15:23.94 and 15:25.73, respectively ... **Fleshman's** time is a Pac-10 record.

#### Field Facts

A strong part of Stanford's success has been from the field events ... **Jill Camarena**, a three-time All-American and defending Pac-10 champion in the shot put, threw the shot put a career-best 55-10 1/2 (17.03m) at the Pomona-Pitzer Invitational ... **Camarena** is closing in on the longtime school record of 57-1 (17.03m) of **Carol Cady** in 1984 ... **Camarena** has thrown the discus a career-best 170-6 (51.96m) this year, seventh-best in school history ... Three Cardinal athletes this year have cracked the school's Top 10 in the hammer ... The list is led by **Sarah Hopping**, who has recorded a 184-1 (56.12m), fourth-best in school history ... **Erin Merriman's** javelin throw of 150-6 (45.88m) is sixth-best in school history ... **Nick Welihozkiy** is ranked in the Top 10 in both the discus and hammer ... **Welihozkiy's** hammer throw this year of 218-4 (66.56m) is eighth-best in school history, and his throw of 178-10 (54.52m) in the discus is ninth-best at Stanford ... **Milton Little** jumped 25-11 (7.90m) at the Mt. SAC Relays to leap in third place all-time in school history in the long jump ... **Kim Stone** jumped 5-11 1/2 (1.82m) at the Cardinal Qualifier, both a career-best and third best all-time at Stanford ... Freshman **Samantha Shepard** not only ranks second-best in school history in the pole vault (13-0 3/4, 3.96m) but is the freshman school record ... **Leila Ben-Youssef** is fourth all-time in the pole vault with a vault this year of 12-11 3/4 (3.96m).

#### Sprint Story

The sprints continue to show great improvement ... Already this year in three events, Cardinal sprinters have cracked the Top 10 ... Freshman **Nashonme Johnson** has run 11.80 in the 100 meters, fourth-best in school history, 24.16 in the 200 meters which is eighth-best in school history, and 54.61 in the 400 meters, good for fourth all-time on The Farm ... **Christine Moschella's** time of 54.36 at the Big Meet against California is third-best in the school record book ... The women's 400 meter relay team of **Undine Becker, Chauntae Bayne, Christine Moschella** and **Nashonme Johnson** ran 45.22 at the Big Meet to set a school record ... **Becker, Johnson, Moschella** and **Bayne** combined to set a school record in the 1,600 meters at 3:34.82 at the Texas Relays ... The men's 400 meter relay team of **Milton Little, Gerren Crochet, Nick Sebes** and **T.J. Rushing** ran a 40.15 at the Stanford Invitational, #2 all-time on The Farm ... The

### Pac-10 Qualifiers

	Times/Marks
Lauren Fleshman, 800 meters	2:09.86
Lauren Fleshman, 5,000 meters	15:23.94
Evan Fox, 800 meters	1:50.94
Evan Fox, 1,500 meters	3:44.34
Dan Gibson, 1,500 meters	3:45.72
Jason Goff, javelin	201-6 (61.41m)
Jeane Goff, 1,500 meters	4:26.31
Jeane Goff, 3,000m steeplechase	10:23.03
Jeane Goff, 5,000 meters	16:55.28
Jacob Gomez, 1,500 meters	3:49.76
Brett Gotcher, 5,000 meters	14:24.80
Ryan Hall, 1,500 meters	3:43.37
Isaac Hawkins, 5000 meters	14:22.88
Seth Hejny, 1,500 meters	3:49.03
Seth Hejny, 5,000 meters	14:06.81
Andrew Hill, 5,000 meters	14:15.16
Ahimsa Hodari, heptathlon	5,021 points
Sarah Hopping, discus	184-1 (56.12m)
Katie Hotchkiss, 800 meters	2:08.53
Katie Hotchkiss, 1,500 meters	4:23.34
Lindsay Hyatt, 800 meters	2:09.49
Lindsay Hyatt, 1,500 meters	4:32.06
Omer Inan, discus	194-0 (59.13m)
Lindsey Johnson, 100m hurdles	13.48
Lindsey Johnson, 400m hurdles	58.84
Nashonme Johnson, 100 meters	11.80
Nashonme Johnson, 200 meters	23.84wa
Nashonme Johnson, 400 meters	54.61
Sean Knapp, 3000m steeplechase	9:04.10
Jennifer Lee, javelin	142-4 (43.39m)
Milton Little, 100 meters	10.56wa
Milton Little, 200 meters	21.31
Milton Little, long jump	25-11 (7.90m)
Milton Little, triple jump	49-61/4wa (15.09m)
Steve Loughlin, 1,500 meters	3:45.03
Steve Loughlin, 5,000 meters	14:08.13
Louis Luchini, 1,500 meters	3:45.39
Louis Luchini, 5,000 meters	13:31.80
Louis Luchini, 10,000 meters	28:41.13
Russ Martin, 5,000 meters	14:28.87
Erin Merriman, javelin	150-6 (45.88m)
Molly Meyer, discus	167-2 (50.96m)
Sally Mills, heptathlon	4,400 points
Christine Moschella, 200 meters	24.34
Christine Moschella, 400 meters	54.36
Chinny Offor, 400 meters	54.68
Jessica Pluth, hammer	189-6 (57.76m)
Ashley Purnell, 200 meters	23.88
Grant Robison, 1,500 meters	3:43.07
Grant Robison, 5,000 meters	13:41.82
Justin Romaniuk, 800 meters	1:50.79
Justin Romaniuk, 1,500 meters	3:45.60
Nick Sebes, 400 meters	46.99
Samantha Shepard, pole vault	13-0 3/4 (3.98m)
Anita Siraki, 5,000 meters	17:24.57
Robert Smitson, 5,000 meters	14:15.26
Kim Stone, high jump	5-11 1/2 (1.82m)
Erin Sullivan, 5,000 meters	17:09.60
Adam Tenforde, 5,000 meters	14:06.27
Adam Tenforde, 10,000 meters	28:43.18
Solomon Welch, triple jump	49-7 1/4 (15.12m)

1,600 meter relay team of **Little, Crochet, Rushing** and **Sebes** ran a 3:07.77 at the Texas Relays, second-best in school history ... **Little**, the 2002 Pac-10 champion in the long jump, has run 10.61 in the 100 meters, and 21.31 in the 200 meters, eighth and seventh, respectively, in the school record book.

### Hurdles Hoopla

Another area of success has been Stanford's hurdle crew ... **Justin Williams** has run 14.10 in the 110 meter hurdles, third-best in school history ... **Gerren Crochet** has cracked the school's Top 10 in the 400 meter hurdles with a time of 52.63, good for ninth place ... Three Cardinal women are ranked in the Top 10 ... **Lindsey Johnson** set a school record with a time of 13.48 at the Big Meet against California, while **Lillian Bush** ran 13.83 at the recent Pac-10 Heptathlon Championships, third-best in school history ... **Undine Becker's** 100 meter hurdle time of 14.00 this year places her in sixth place in school history ... **Johnson** has run 58.84 in the 400 meter hurdles, #2 all-time at Stanford, while **Becker** resides in fifth place with a time of 60.31.

### Football Facts

**Nick Sebes** is a wide receiver on the football team, and one of Stanford's top track in the sprints ... **Sebes** has run the 100, 200 and 400 meters this year and is a member of the 400 and 1,600 meter relay teams ... **Sebes** ran the third leg on the 400 meter relay team which posted a 40.15 earlier this year at the Stanford Invitational, #2 in the school record book ... **Sebes** ran the anchor leg on the 1,600 meter relay team which clocked a time of 3:07.77 at the Texas Relays, third-best in school history.

### Peak Performance

Numerous Stanford athletes have qualified for the NCAA West Regionals on May 30-31 at Cobb Track & Angell Field ... Fifty-one athletes and four relay teams have qualified for regional competition ... Sixty-one athletes have met the qualifying standards for the Pac-10 Championships which will be held May 17-18 at USC.

### Record Review

Five school records and three freshman school marks have been broken thus far this year ... **Lauren Fleshman** ran a 15:23.94 at the Mt. Sac Relays (4/17/03) to beat **PattiSue Plumer's** time of 15:29.00 set in 1984 ... **Fleshman's** time is the best time for a collegiate runner this year, and third-best all-time for an American runner ... **Lindsey Johnson** ran a 13.48 at the Big Meet (5/3/03) to beat own record of 13.61 set earlier in the year ... The 400 meter relay team of **Undine Becker, Chauntae Bayne, Christine Moschella**, and **Nashonme Johnson** ran a 45.22 at the Big Meet ... The 1,600 meter relay team (**Undine Becker, Nashonme Johnson, Christine Moschella, Chauntae Bayne**) set a new standard by being timed in 3:34.82 ... The old time was 3:41.27 set in 1995 ... The women's distance medley relay team of **Malindi Elmore, Chinny Offor, Katie Hotchkiss** and **Lauren Fleshman** ran a 11:03.59 to win at the Drake Relays (4/25/03) ... The old distance medley relay time was 11:06.23, set in 2000 ... **Alicia Craig** set a new freshman record in the 5,000 meters with a time of 15:25.75 at the Mt. SAC Relays (4/17/03) ... **Craig's** time is second-best overall at Stanford ... **Samantha Shepard** established a new freshman record in the pole vault with a leap of 13-0 3/4 (3.98m) ... The old mark was 13-0 1/4 (3.97m) by **Kathleen Donoghue** in 2000 ... **Nashonme Johnson** set a freshman school record with a time of 54.61 in the 400 meters ... The old record was 54.95 by **Jayna Smith** in 1997.

<b>Pac-10 Qualifiers</b>	<b>Times/Marks</b>
Nick Welihozkiy, hammer	218-4 (66.56m)
Philip West, 5,000 meters	14:34.62
Justin Williams, 110m hurdles	14.10
Tim Wusu, decathlon	7,016 points
Tim Wusu, long jump	23-11 1/2 (7.30m)
Men's 400 meter relay	40.15
Women's 400 meter relay	45.61
Men's 1,600 meter relay	3:07.77
Women's 1,600 meter relay	3:34.82

<b>School Records</b>	<b>Times/Marks</b>
Lauren Fleshman, 5,000 meters	15:23.94
Lindsey Johnson, 100m hurdles	13.48
Women's 400 meter relay	45.22
Women's 1,600 meter relay	3:34.82
Undine Becker, Nashonme Johnson, Christine Moschella, Chauntae Bayne	
Women's DMR	11:03.59
Malindi Elmore, Chinny Offor, Katie Hotchkiss, Lauren Fleshman	

<b>Freshman Records</b>	<b>Times/Marks</b>
Alicia Craig, 5,000 meters	15:25.75
Nashonme Johnson, 400 meters	54.61
Samantha Shepard, pole vault	13-0 3/4 (3.98m)

### **Fleshman Facts**

**Lauren Fleshman**, the two-time NCAA champion in the 5,000 meters, broke the Pac-10 record in winning the 5,000 meters at the Mt. SAC Relays (4/17/03) ... **Fleshman's** time of 15:23.94 easily broke the previous conference record time of 15:34.55 by **Annette Hand** of Oregon in 1988 ... **Fleshman's** time was third-best all-time for an American runner in the 5,000 meters ... **Fleshman's** time was a school record and broke the previous time of 15:29.0 by **PattiSue Plumer** in 1984 ... **Fleshman** is the two-time NCAA champion (2001, 2002) in the 5,000 meters ... **Fleshman** was the 2002 Pac-10 champion in the 5,000 meters.

### **Hotchkiss Hoopla**

She hasn't received the attention of some of the more higher profile distance runners, but **Katie Hotchkiss** has enjoyed an outstanding 2003 outdoor season for the Cardinal ... **Hotchkiss**, a junior from Fremont, recently ran on three winning relay teams at the Drake Relays ... **Hotchkiss** ran the second leg on the winning 4 x 800 meter relay team which was timed in 8:36.70, the best time in the world this year ... **Hotchkiss** ran the third leg on the winning distance medley relay team which broke the school and meet record at 11:03.59 ... **Hotchkiss** ran the second leg on the winning 4 x 1 mile relay team ... **Hotchkiss** has run a NCAA West Regional Qualifying time of 4:23.34, and a Pac-10 qualifying time of 2:08.53.

### **Drake Dialogue**

Stanford's distance running team proved to be the stars of the prestigious Drake Relays ... The Cardinal produced winners in five of six events entered ... Stanford's women's team chalked victories in the 4 x 800 meter relay, the distance medley relay, and the 4 x 1 mile relay ... Stanford's time of 8:36.70 in the 4 x 800 meter relay is the best time in the world this year ... **Katie Hotchkiss** ran legs on all three Cardinal winning teams ... The Cardinal men's 4 x 1 mile relay team produced the best time in the world this year at 16:31.19 ... **Milton Little**, the 2002 Pac-10 champion, won the long jump (25-9 1/2, 7.86m) while **Sara Bei** won the 1,500 meters (4:20.88).

### **Footnote Facts**

**Grant Robison** was named the recipient of the Maury White Award given to the outstanding performer of the men's division at the recent Drake Relays ... The award is named after the longtime decorated sportswriter for the *Des Moines Register* who died in 1999 ... **Robison**, the reigning two-time Pac-10 Conference individual cross country champion, anchored Stanford to victories in the 4 x mile relay in 16:31.19 and the distance medley relay in 9:43.33 ... **Robison** ran a 4:04.3 anchor leg in the distance medley relay.

### **Little Ledger**

**Milton Little** has certainly been a star on the Cardinal track & field team for several years ... This year, **Little** again led Stanford to victory against California in the Big Meet ... **Little** competed in six events (100 meters, 200 meters, long jump, triple jump, 400 meter relay, 1,600 meter relay) to help lead Stanford to a 93-70 victory over California in the 109th Big Meet ... **Little** scored a team-high 15 points ... **Little** captured top honors in the long jump and anchored the winning 1,600 meter relay team, finished second in the 200 meters, third in the 100 meters and triple jump ... Last year at the Big Meet, **Little** tallied 14 points to help Stanford beat the Golden Bears, and two years ago, **Little's** second place finish in the triple jump gave Stanford a 82-81 decision over Cal ... **Little** is the 2002 Pac-10 long jump champion.

### **Time Table (Pac-10 Championships)**

#### **Saturday, May 17**

10:00 a.m. - Women's Hammer (finals)  
11:00 a.m. - Women's Long Jump (finals)  
1:00 p.m. - Men's Pole Vault (finals)  
1:00 p.m. - Women's High Jump (finals)  
1:00 p.m. - Women's 400 Meter Relay (trials)  
1:10 p.m. - Men's 400 Meter Relay (trials)  
1:25 p.m. - Women's 1,500 Meters (trials)  
1:30 p.m. - Women's Javelin (finals)  
1:40 p.m. - Men's 1,500 Meters (trials)  
1:45 p.m. - Men's Shot Put (finals)  
1:55 p.m. - Women's 100 Meter Hurdles (trials)  
2:15 p.m. - Men's 110 Meter Hurdles (trials)  
2:30 p.m. - Women's 400 Meters (trials)  
2:45 p.m. - Men's 400 Meters (trials)  
3:00 p.m. - Men's Long Jump (finals)  
3:00 p.m. - Women's 100 Meters (trials)  
3:15 p.m. - Men's 100 Meters (trials)  
3:30 p.m. - Women's 800 Meters (trials)  
3:45 p.m. - Men's 800 Meters (trials)  
4:00 p.m. - Women's 3,000 Meter Steeplechase (finals)  
4:25 p.m. - Men's 3,000 Meter Steeplechase (finals)  
4:30 p.m. - Men's Javelin (finals)  
4:45 p.m. - Women's Shot Put (finals)  
4:55 p.m. - Women's 400 Meter Hurdles (trials)  
5:05 p.m. - Men's 400 Meter Hurdles (trials)  
5:20 p.m. - Women's 200 Meters (trials)  
5:35 p.m. - Men's 200 Meters (trials)  
5:50 p.m. - Women's 10,000 Meters (finals)  
6:40 p.m. - Men's 10,000 Meters (finals)

#### **Sunday, May 18**

9:00 a.m. - Men's Hammer (finals)  
Noon - Women's Triple Jump (finals)  
Noon - Women's Discus (finals)  
1:00 p.m. - Women's Pole Vault (finals)  
1:00 p.m. - Men's High Jump (finals)  
1:00 p.m. - Women's 400 Meter Relay (finals)  
1:10 p.m. - Men's 400 Meter Relay (finals)  
1:20 p.m. - Women's 1,500 Meters (finals)  
1:30 p.m. - Men's 1,500 Meters (finals)  
1:45 p.m. - Women's 100 Meter Hurdles (finals)  
2:00 p.m. - Men's 110 Meter Hurdles (finals)  
2:10 p.m. - Women's 400 Meters (finals)  
2:20 p.m. - Men's 400 Meters (finals)  
2:30 p.m. - Women's 100 Meters (finals)  
2:40 p.m. - Men's 100 Meters (finals)  
2:50 p.m. - Women's 800 Meters (finals)  
3:00 p.m. - Men's 800 Meters (finals)  
3:00 p.m. - Men's Triple Jump (finals)  
3:00 p.m. - Men's Discus (finals)  
3:15 p.m. - Women's 400 Meter Hurdles (finals)  
3:30 p.m. - Men's 400 Meter Hurdles (finals)  
3:45 p.m. - Women's 200 Meters (finals)]  
3:55 p.m. - Men's 200 Meters (finals)  
4:10 p.m. - Women's 5,000 Meters (finals)  
4:40 p.m. - Men's 5,000 Meters (finals)  
5:05 p.m. - Women's 1,600 Meter Relay (finals)  
5:20 p.m. - Men's 1,600 Meter Relay (finals)  
5:45 p.m. - Awards Presentation

### **Rivalry Review**

For the third straight year, Stanford beat California in the Big Meet ... The Cardinal men scored a 93-70 victory over the Golden Bears as **Milton Little** competed in six events, and scored a team-high 15 points ... The Cardinal women scored a 111-51 decision as both **Christine Moschella** and **Chauntae Bayne** each scored 15 points ... **Moschella** scored victories in the 400 meters, and on the winning 400 and 1,600 meter relay teams while **Bayne** scored a victory in the 100 meters and as a member of the 400 meter and 1,600 meter relay teams.

### **Regional Roundup**

Stanford's Cobb Track & Angell Field will be the site of the NCAA West Regionals on May 30-31 ... This year, the qualifying standards for the 2003 NCAA Track & Field Championships have been changed ... The NCAA will use Regional Championship meets to determine qualifying for the national meet ... The top five finishers in each individual event, and top three relay teams from each of the four regionals nationwide will earn a berth to the NCAA Nationals at Sacramento State ... The NCAA will then round out the Championships field by selecting the highest-ranking individuals (approximately six per individual event and five per relay) from the national collegiate performance lists, provided those athletes competed at their respective Regional meets and were not among the finishers to earn automatic NCAA berths ... The long exception to the Regional qualifying system will be the 10,000 meters and multi-events, which will not be subject to Regional competition ... Athletes will continue to qualify for the NCAA Championships in those events as they have in the past, by meeting pre-determined provisional and automatic qualifying standards.